

PRE-TREATMENT GUIDELINES - MOTUS PRO LASER - SKIN REJUVENATION • PIGMENTATION CORRECTION • VASCULAR TREATMENT

Proper preparation ensures the safest and most effective results for Motus Pro skin rejuvenation, pigmented lesion, and vascular lesion treatments.

SIX MONTHS BEFORE:

- Discontinue Accutane® (isotretinoin) for at least **6 months** prior to laser treatment.

TWO TO FOUR WEEKS BEFORE:

- Avoid direct sun exposure, tanning beds, and self-tanners on the treatment area for **2–4 weeks**.
- Apply broad-spectrum SPF 30+ daily to protect the skin and reduce the risk of pigmentation changes.
- Do not schedule treatment if you have a **visible tan or sunburn**.
- Avoid photosensitizing medications (doxycycline, minocycline, St. John's Wort) for **7 days**, if approved by your prescriber.
- If you have a history of cold sores (herpes simplex) near the treatment area, notify your provider — a preventive antiviral may be recommended.
- Notify your provider if you are **pregnant, breastfeeding, or planning pregnancy**.

FIVE TO SEVEN DAYS BEFORE:

- Discontinue retinoids, glycolic acid, salicylic acid, benzoyl peroxide, or other exfoliating/irritating skincare products on the treatment area.
- Avoid physical exfoliation such as scrubs, loofahs, or dry brushing.
- Avoid aspirin several days prior (if approved by your prescriber) to help minimize bruising risk.

TWO TO THREE DAYS BEFORE:

- Keep the treatment area clean, moisturized, and protected from sun exposure.
- Avoid alcohol for 2–3 days before treatment.

TWENTY-FOUR HOURS BEFORE:

- Arrive with clean, product-free skin — no makeup, lotion, perfume, deodorant, or oils.
- Notify your provider of any recent illness, new medications, or changes in your skin.